

Service Directory

In an emergency please dial 911.

Elliot Lake St. Joseph's General
Hospital: 705-848-7181

Elliot Lake Family Health Team:
705-461-8882

Algoma Public Health:
705-848-2314

SSM Hospital Crisis Support:
705-759-3398

Counseling Centre of East
Algoma: 705-848-2585

East Algoma Mental Health:
705-848-9131

Oaks Withdrawal Management
Services: 1-800-341-8302

Club 90: 705-848-2879

ADSAB: 705-848-7153

Elliot Lake Food Bank:
705-461-3663

Children's Aid Society:
705-848-8000

Nogdawindamin: 1-800-465-0999

Victim Services: 705-848-8266

CMHA Court Support:
705-759-0458 ext. 228

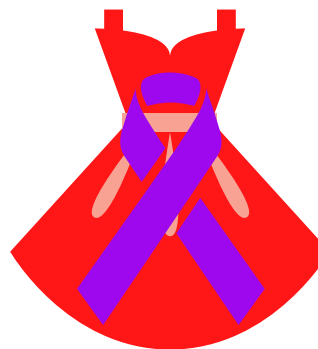
Contact Information

Maplegate House for Women
185 Mississauga Avenue,
Elliot Lake, ON P5A 1E3
Crisis Line (24 hours): 705-461-9868
Toll Free: 1-833-461-4623
Email: yourfriends@eastlink.ca
Admin: 705-461-7977

Larry's Place
241 Mississauga Avenue,
Elliot Lake, ON P5A 1E3
705-989-5600
Crisis Line (24 hours): 705-461-9868
Email: larrysplaceEL@gmail.com

More information

Visit our website at:
<https://maplegate.info/>
Or follow us on Facebook @Maplegate
House



MAPLEGATE
HOUSE FOR WOMEN

Our Vision: To live in a society where
violence and abuse are no longer
accepted or tolerated



Maplegate House
for Women



Larry's Place Men's
Shelter



Something More
Lawrence



Something More
Frobeld

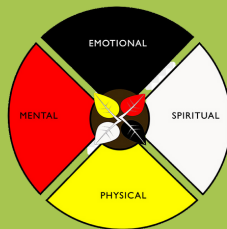


Something More
Diefenbaker

Our Mission: Maplegate is committed to
providing services in the community
that promote safety and inclusion for all

Getinaamendamok Maplegate wii
miikaagewat kwiinwining owi wii
gaanjidamowat wiingeziwin miinwaa
kina gwiiya wii digwaapkaazwat

A Holistic Approach to Combatting Gender-Based Violence



Maplegate house for women provides support that looks at the whole person, not just their mental health needs. We strive to meet clients where they are at, without judgement, by focusing on the following areas of overall wellbeing:

Emotional Support

We offer 24/7 crisis and frontline support to our clients, as well as in-house programming

Spiritual Support

Includes mindfulness, meditation, indigenous ceremonies and referrals to community churches

Social Support

Peer support groups, outreach services, referrals to community support agencies

Physical Support

We offer physical wellbeing programs that includes access to yoga, cardio and strength training

Programs and Services

Healing Arts

A 10 session virtual program that engages in self-reflection and empowerment

Mindfulness-based Substance Abuse Treatment

A 12 session program that introduces the basics of mindfulness and choice-making

Self-Rising Women's Program

A 12 session program that teaches life-skills and information on community programs.

Back to Loving Me

Using the self empowerment wheel, this program focuses on self love and growth

Food Security Program

Clients are provided ingredients and recipes to make a nutritious batch style meals and learn to shop on a budget

S.E.L.F Curriculum

Created by Dr. Sandra Bloom, this non-linear psychoeducational curriculum focuses on recovery utilizing trauma-informed care principles

Trauma-informed Care

Includes respecting understanding and responding the effects of trauma on all levels

Pet Shelter

A safe place for women to care for their pets on-site which removes barriers

Harm Reduction

A practice that removes barriers associated with various human behaviors

Housing Advocacy

Staff assist clients through the process of gaining safe, affordable housing

Public Education

Informing and connecting with the community regarding our services and mission

Outreach and Transitional Housing Support

What is Transitional Housing?

A supportive home that offers temporary housing to reduce barriers for those experiencing a crisis

What is Outreach?

Providing a variety supports and resources to community clients utilizing a trauma-informed care approach to support them on their journey

Our Supports

- Housing Advocacy
- Court Support
- Life skills programming including cooking, budgeting, shopping, taxes, vaccine education, cleaning and healthy communication
- Nogdawindamin and CAS advocacy
- Developmental support services
- Food bank support
- Social system navigation
- Appointment transportation
- Referrals to counseling and mental health supports
- Connection with AA and NA support groups
- Resume building and employment support
- Victim services advocacy