### Choir

The Choir practices normally every Monday at 10:00 a.m. Concerts or sing alongs performed at various locations in the area.

### **Euchre**

Played every Tuesday 7:00p.m.in our Club room.

### **Bid Euchre**

Played every Wed 7:00p.m.in our Club room.

# Quilting

The quilting group gets together every Tuesday 10:00am - 2:00pm in our club room. No experience needed. The ladies would be more than happy to teach you. The group created and donated an Anniversary Quilt to celebrate the Village Of Sundridge 125th anniversary. This group also teaches: crocheting, knitting, embroidery, cross stitch. Bring your own lunch, coffee and tea provided.

### **Art Classes**

We are currently seeking an instructor for this activity

## Woodworking

Carving, Learn to carve, Wednesdays at 10am in the Senior's room join a group of avid carvers and learn to carve or join in carving different items. This group of busy beavers carved and donated a Totem Pole to the Village of Sundridge on the occasion of its 125th anniversary. The Totem Pole is on display in the Children's Garden Downtown Sundridge.

### **Semi Annual Dinners**

Usually mid June and early December. Cocktails from 5:00-6:00 p.m. during social hour. Dinner at 6:00 p.m. followed by light entertainment and draws.

## **General Meetings**

General meetings are held the first Monday of each month, except for July & August. The meetings start at 1:00 pm. Come and hear what's current with the club as well as upcoming events. Socialize after the meeting while enjoying snacks and beverages.

# **Cricut Technology**

Get creative with our newly acquired Cricut machine.

#### **Travel**

Trips are planned each year. Examples of past trips are:

- 10,000 Island Cruise at Parry Sound with a Jazz Band to entertain
- o 30,000 Island Cruise
- o The Geritol Follies in Hamilton,
- Royal Winter Fair-transportation and admission to horse show Toronto
- One-Of-A-Kind Christmas Showadmission and transportation Better living centre, Toronto
- Play- Mary Poppins, transportation, lunch and ticket. Toronto
- o Owen Sound-Festival of lights
- Niagara Falls Casino

Each trip is subject to enough people registering to make the trip feasible for the club. Usual mode of travel is highway bus. Trips are anywhere from a day trip to 3 or 4 nights away. Costs vary due to accommodations, meals, duration etc. It is required to book and pay in advance to ensure we have enough people to warrant the trip.

## **Remembrance Day**

Laying of a Wreath at the Legion on behalf of The Happy Gang in remembrance of those who served and are serving as Veterans.

# **Community Support**

Donations have been sent to:

- Huntsville District Hospital
- North Bay Hospital
- Christmas Cheer Foundation
- o Sundridge Food Bank
- Royal Canadian Legion Poppy Fund

And others as voted on by our Group

## **Community Events**

Participation in the annual Sundridge Sunflower Festival in August and the Strong Agricultural Fair in September. We advertize to our seniors the benefits of belonging to the Happy Gang club and encourage them to join.

### **Parades**

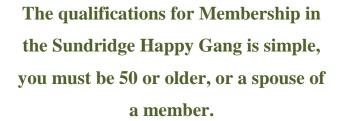
The Happy Gang has not always entered a float in the parades, but we have given either personal or financial support to the parade committees each year.

## **Walking For Fitness**

Walking poles are available for use by our members. Sign them out and enjoy.

### Chair Yoga

Chair Yoga (exercise and meditation) is a program of poses modified to be done while seated. A chair for support and stability makes the benefits of yoga accessible. For more information, please contact Carol Carruthers, 647-217-6877. A schedule of the upcoming classes will be posted monthly in the Happy Gang room.



## How to join:

E-Mail Dave Carrothers or Diana Cosby at <a href="mailto:happygangsundridge@gmail.com">happygangsundridge@gmail.com</a> or leave a message at 705-384-7351, or come out to one of our General Meetings held in the Happy Gang room.

Updated May 2023

Cost of membership (2023) is only \$10.00





The Sundridge Happy Gang Inc.

USCO# 705

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